

ZUMBA & Fitness Class



Join: Esther Garcia Zumba and Fitness instructor and lets get in shape this year. This Latin inspired dance and fitness workout is for any and everyone. Ditch the workout and join the party. Bring your spouse and or kids 15yrs and older.

Starts July 11th & 13th



- *Start Date: 7/11/17 & 7/13/17*
- *Days: Tuesdays & Thursdays*
- *Times: 3:30pm - 4:30*
- *For 8 consecutive weeks*
- *Location: ICD Learning Center located at the Union hall.*

To sign-up for this class please contact Jermaine Abram @ 632-4816 or jermaine@usw715.org